

Middle School Program Details (Grade 6-7-8)

The middle school program at NIS operates on a four-day rotating cycle (A-B-C-D day). Each day consists of six 55-minute periods. There are 180 school days scheduled in each academic year (45 cycles). The following tables detail the contact time in each subject area for the Middle School grade levels:

Grade 6

Subject	Classes per 4-day cycle	Minutes per 4-day cycle	Approximate minutes per academic year
English Language Arts	3	165	7,425
Mathematics	3	165	7,425
Social Science	3	165	7,425
Science	3	165	7,425
Music	2	110	4,950
Art	2	110	4,950
PE	1	55	2,475
Computer Science	2	110	4,950
Thai language	3	165	7,425
Advisory	2	110	4,950

Grade 7

Subject	Classes per 4-day cycle	Minutes per 4-day cycle	Approximate minutes per academic year
English Language Arts	3	165	7,425
Mathematics	3	165	7,425
Social Science	3	165	7,425
Science	3	165	7,425
Music	1-2 (depending on semester)	55-110 (depending on semester)	3,712
Art	1-2 (depending on semester)	55-110 (depending on semester)	3,712
PE	1	55	2,475
Computer Science	2	110	4,950
Thai language	3	165	7,425
Foreign Language	3	165	7,425

Grade 8

Subject	Classes per 4-day cycle	Minutes per 4-day cycle	Approximate minutes per academic year
English Language Arts	3	165	7,425
Mathematics	3	165	7,425
Social Science	3	165	7,425
Science	3	165	7,425
Music	1-2 (depending on semester)	110	4,950
Art	1-2 (depending on semester)	110	4,950
PE	1	55	2,475
Computer Science	2	110	4,950
Thai language / Wellness	3	165	7,425
Foreign Language	3	110	4,950